

Our office is now offering telemedicine appointments. These include follow up sessions for our existing patients, as well as new patient consultations. We can advise and order imaging, such as MRIs and x-rays, and review previous imaging when emailed or mailed to the office. Please call our office to schedule your visit 212-794-5096.

Jonathan L. Glashow, M.D. will remain open as an Orthopedic Sports Medicine urgent care facility in an effort to reduce ER burdens of otherwise healthy individuals. We are here to evaluate and treat acute injuries of the knee, shoulder and acute sports related trauma.

If you need an appointment, please call our office at 212-794-5096 or visit our website to request an appointment www.orthopedicsurgeonyc.com.

We are doing everything we can to ensure the health and safety of our patients and staff:

- We are limiting our appointments to individuals with acute needs.
- We are only seeing 2 patients in the office at a time and no individual will be in the waiting room.
- All patients will be seated in a sanitized exam room upon check in.
- All patients and staff entering the office must be fever free and MAY NOT exhibit any coughing, sneezing, or flu like symptoms.
- All patients and staff entering the office may do so only if they have NOT been in contact with any individual who has traveled internationally in the last 14 days.
- All patients and staff may only enter the office if they have NOT been in contact with anyone who has tested positive for COVID-19 AND/OR anyone who has been exposed to an individual who tested positive for COVID-19 in the last 14 days.

Our practice is:

Implementing best practices in our exam rooms in order to minimize exposure to respiratory pathogens for both practitioners and patients. In addition to our high level disinfection protocol and typical aseptic and hygiene standards, we are asking patients to adhere to recommended CDC and WHO standards for hand hygiene. This handout is available at our front desk, for your reference.

We are:

- Wiping the office common area counters and door handles/knobs with disinfectant between each patient visit.
- Wiping restroom counters, handles/knobs, and light switches with disinfectant between each patient visit.

We are asking the following of each patient:

- Please wash or sanitize your hands according to CDC and WHO standards just prior to entering the exam room and do not handle your phone after hand washing. We appreciate your diligence as hand hygiene is the first line of

defense and is generally considered the single most important procedure for prevention.

- Observe social distancing of at least 3 feet and 6 feet if possible.
- Please refrain from hand shaking or other direct contact.
- Hand sanitizer is available at the front desk area.

- The following is recommended in the event of coughing or sneezing: Please cough or sneeze into your elbow crease or into a tissue and dispose of the tissue immediately. Wash or sanitize your hands immediately following disposal of tissues.

Have questions about coronavirus? Visit the Centers for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

Thanks, as always, for your continued loyalty. We look forward to seeing you again soon.

Jonathan L. Glashow, MD and Staff